

FITMIX

29 juli - 3 aug

MAANDAG

09.00u Bodytraining

18.15u Bodytraining

19.15u Zumba

20.15u Shape

19.15u Polefitness

20.15u Polefitness

VRIJDAG

09.00u Bodytraining Steps

10.15u Zumba Gold

~~16.00u Swing Kids 5-8jr~~

~~17.00u Swing Kids 9-12jr~~

18.00u Swing Club+

19.00u Polefitness

DINSDAG

09.00u Pilates

10.15u Zumba Gold

17.30u Swing Club+

18.30u Zumba

19.30u Polefitness

ZATERDAG

10.15u Zumba

WOENSDAG

09.00u Bodytraining

10.30u Zumba Gold

~~16.30u Swing Kids 7-12jr~~

18.30u Bodytraining Steps

19.30u Zumba

19.00u Polefitness

20.30u Polefitness

ZONDAG

10.00u Pilates

11.00u Zumba

DONDERDAG

09.00u Zumba

20.30u Polefitness

